



# MENU

## Week 3

### Monday

*Chicken or tomato pasta bake with garlic  
bread and salad  
Jacket Potato with Coleslaw or Cheese  
Fruit & Yoghurt*

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### Tuesday

*Sweet Chilli Chicken or vegetable noodles  
with a side of vegetables  
Jacket Potato with cheese  
Flapjack*

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### Wednesday

*Lamb Keema or Chickpea and Rice  
with peas  
Jacket Potato with cheese  
Fruit & Yoghurt*

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### Thursday

*Sub rolls with a choice of Tuna mayonnaise,  
egg mayonnaise, salmon mayonnaise or  
cheese and a fresh salad  
Jacket Potato with Beans  
Red Berry Crumble & Ice Cream*

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### Friday

*Fish fingers or veggie burger with chips &  
peas  
Jacket Potato with tuna  
Chocolate cake  
Fresh Bread & Salad is available daily*

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